

# Celebrate Family Day!

Monday, September 26th

A national initiative to remind parents that YOU have the power to help keep your kids substance free.

Visit [www.casafamily.org](http://www.casafamily.org) and post your #MyFamilySelfie!

Oct. 22nd  
Drug Take Back!  
Barrington Police  
Station

## 10 Facets Of Parental Engagement

1. *Be there:* Get involved in your children's lives and activities.
2. Open the lines of communication and keep them wide open.
3. Set a good example: Actions are more persuasive than words.
4. Set rules and enforce them with consequences if your children fail to follow them.
5. Monitor your children's whereabouts.
6. Maintain family rituals such as eating dinner together.
7. Incorporate religious and spiritual practices into family life.
8. Get Dad engaged—and keep him engaged.
9. Engage the larger community.
10. Get to know your kid's friends and their parents.

From *How to Raise a Drug-Free Kid: The Straight Dope for Parents*

# Parenting *is* prevention



[www.thebayteam.org](http://www.thebayteam.org)



*The Barrington Adult Youth Team  
Against Alcohol and Drug Abuse*