

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 am...Chair Yoga 10:15 am...Artist in You 12:30 pm...Bridge 12:30 pm...Mah Jongg 1:00 pm...Alzheimer's Support 6:45 pm...Duplicate Bridge <p style="text-align: right;">1</p>	9:00 am...Senior Strength I 10:00 am...Senior Strength II 1:00 pm...Chorus <p style="text-align: right;">2</p>	9:00 am...Chair Yoga 10:00 am...Knitting 10:00 am...Beginner's Bridge 10:00 am...Line Dancing 12:30 pm...Bridge 1:15 pm...Shopping <p style="text-align: right;">3</p>	9:00 am...Senior Strength I 10:00 am...Senior Strength II 10:30 am...Blood Pressure 11:00 am...AARP Tax Assistance 1:00 pm...Bingo 1:15 pm...Shopping <p style="text-align: right;">4</p>	9:00 am...Zumba Gold 9:00 am...Benefit Rep 10:00 am...Scrabble Club 1:00 pm...Yoga <p style="text-align: right;">5</p>
9:00 am...Chair Yoga 10:15 am... Artist in You 12:30 pm...Bridge 12:30 pm...Mah Jongg 6:45 pm...Duplicate Bridge <p style="text-align: right;">8</p>	9:00 am...Senior Strength I 10:00 am...Senior Strength II 10:00 am...Current Events 11:00 am...Medication Mgmt. 1:00 pm...Ladies Bridge 1:00 pm...Chorus <p style="text-align: right;">9</p>	9:00 am...Chair Yoga 10:00 am...Knitting 10:00 am...Beginner's Bridge 10:00 am...Line Dancing 12:30 pm...Bridge 1:15 pm...Shopping <p style="text-align: right;">10</p>	9:00 am...Senior Strength I 10:00 am...Senior Strength II 10:30 am...Blood Pressure 11:00 am...AARP Tax Assistance 1:00 pm...Bingo 1:15 pm...Shopping <p style="text-align: right;">11</p>	9:00 am...Zumba Gold 9:00 am...Benefit Rep 10:00 am...Scrabble Club 1:00 pm...Flowers for Everyone 1:00 pm...Yoga <p style="text-align: right;">12</p>
<p style="text-align: center;">CLOSED For PRESIDENTS' DAY</p> <p style="text-align: right;">15</p>	9:00 am...Senior Strength I 10:00 am...Senior Strength II 1:00 pm...Chorus <p style="text-align: right;">16</p>	9:00 am... Chair Yoga 9:45 am...Beginners Bridge 10:00 am...Knitting 10:00 am...Line Dancing 12:30 pm...Bridge 1:15 pm...Shopping <p style="text-align: right;">17</p>	9:00 am...Senior Strength I 10:00 am...Senior Strength II 10:30 am...Blood Pressure 11:00 am...AARP Tax Assistance 1:00 pm...Bingo 1:15 pm...Shopping <p style="text-align: right;">18</p>	9:00 am...Zumba Gold 9:00 am...Benefit Rep 10:00 am...Scrabble Club 1:00 pm...Yoga <p style="text-align: right;">19</p>
9:00 am...Chair Yoga 10:15 pm...Artist in You 12:30 pm...Bridge 12:30 pm...Mah Jongg 1:00 pm...Mardi Gras Party 6:45 pm...Duplicate Bridge <p style="text-align: right;">22</p>	9:00 am...Senior Strength I 10:00 am...Senior Strength II 10:00 am...Current Events 1:00 am...Ladies Bridge 1:00 pm...Chorus <p style="text-align: right;">23</p>	9:00 am... Chair Yoga 10:00 am...Knitting 10:00 am...Beginner's Bridge 10:00 am...Line Dancing 10:15 am...Faces and Places 12:30 pm...Bridge 1:15 pm...Shopping <p style="text-align: right;">24</p>	9:00 am...Senior Strength I 10:00 am...Senior Strength II 10:30 am...Blood Pressure 11:00 am...AARP Tax Assistance 1:00 pm...Bingo 1:15 pm...Shopping <p style="text-align: right;">25</p>	9:00 am...Zumba Gold 9:00 am...Benefit Rep 10:00 am...Scrabble Club 1:00 pm...Yoga <p style="text-align: right;">26</p>
9:00 am...Chair Yoga 10:15 am...Artist in You 12:30 pm...Activity Club Meeting 12:30 pm...Bridge 12:30 pm...Mah Jongg 6:45 pm...Duplicate Bridge <p style="text-align: right;">29</p>	Faces and Places at RISD 10:15 am Saturday, February 6 Saturday, February 13	<h1 style="color: red; margin: 0;">FEBRUARY 2016</h1>		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Vegetable Chowder Kielbasa with Mustard Boiled Potatoes Cabbage Carrot Blend Chocolate Pudding <i>(Grilled Chicken with Lettuce)</i></p>	<p>2 Chicken Soup with Egg Barley Salisbury Steak with Gravy Wild Rice King Edward Blend Vegetables Hoodie Cup <i>(Italian Tuna on Rye)</i></p>	<p>3 Venus de Milo Soup Chicken Breast with Gravy Baked Potato with Sour Cream Broccoli Cuts Oatmeal Cookie <i>(Pulled Pork on a Roll)</i></p>	<p>4 Tomato and Rice Soup French Meat Pie Brussel Sprouts Diced Peaches <i>(Salmon Salad on Wheat)</i></p>	<p>5 BRUNCH Orange Juice Ham Slice French Toast Sticks with Syrup Hard Boiled Egg Slices Fresh Fruit Cup</p>
<p>8 Egg Drop Soup Chicken Chow Mein Crunchy Noodles Asian Blend Vegetables <i>(Hamburger on a Bun)</i></p>	<p>9 Vegetable Soup American Chop Suey Elbow Noodles Mixed Vegetables Fruited Jell-O <i>(Honey Ham and Cheese on White)</i></p>	<p>10 Corn Chowder Country Crisp Fish Carrot Slaw Mashed Potato Chocolate Chip Cookies <i>(Egg Salad on Wheat)</i></p>	<p>11 Barley Soup Roast Pork Loin with Gravy Oven Roasted Potatoes California Blend Vegetables Fresh Fruit <i>(Tuna on Rye)</i></p>	<p>12 Pasta & Bean Soup Baked Fish with Crumb Topping Rice Pilaf Green Beans Coffee Cake <i>(Chicken Salad on Marble)</i></p>
<p>15 CLOSED for PRESIDENT' DAY</p>	<p>16 Pea Soup Baked Ham w/Glaze Sweet Potatoes Winter Blend Vegetables Lemon Pudding <i>(Pastrami & Swiss on Rye)</i></p>	<p>17 Chicken Soup Meatball Grinder Garden Salad w/Dressing Garlic Bread Diced Pears <i>(Turkey on Wheat with Salad)</i></p>	<p>18 Tomato Soup Roasted Chicken Quarter Seasoned Pasta Wax Beans with Pimentos Frosted Cupcake <i>(Ham Salad on Pumpernickel)</i></p>	<p>19 Italian Wedding Soup Pot Roast with Gravy Oven Roasted Potatoes Zucchini and Summer Squash Strawberry Shortcake with Cream <i>(Tuna Salad on a Roll)</i></p>
<p>22 Apple Juice Beef Stew Cole Slaw Lorna Doone Cookie <i>(Hot Dog on a Bun)</i></p>	<p>23 Onion Soup with Croutons Grilled Chicken Corkscrew Pasta Primavera Side Salad Diced Pears <i>(Turkey on Wheat with Salad)</i></p>	<p>24 Potato Leek Soup Oven Roasted Turkey Stuffing with Gravy Normandy Blend Vegetables Sherbet <i>(Corned Beef on Pumpernickel)</i></p>	<p>25 Venus de Milo Soup Swedish Meatballs Buttered Noodles Sliced Carrots Chocolate Pudding <i>(Tuna Salad on Multi Grain)</i></p>	<p>26 Red Chowder Seafood Casserole Mashed Potatoes Broccoli Cuts Fresh Fruit <i>(Italian Grinder)</i></p>
<p>29 Chicken Escarole Soup Liver and Onions Mashed Potatoes Asparagus Cuts Rye Bread <i>(Ham and Swiss on Rye)</i></p>	<p><i>All menu items may contain Nuts, seeds, beans, wheat bran, and other allergens!</i></p>		<p>FEBRUARY 2016</p>	