

AUGUST 2014

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Elderly Affairs*

FRIDAY

1 Red Chowder
Liver and Onions with Gravy
Garlic Mashed Potatoes
Cole Slaw
Sponge Cake
Marble Bread
(*Meatloaf w/Ketchup on Marble*)

4 Turkey Rice Soup
Sloppy Joe with Bun
Mixed Vegetables
Fresh Fruit Cup
(*Sliced Turkey & Swiss on a Bun*)

5 Pasta & Bean Soup
Chicken Pot Pie
Seasoned Broccoli Florettes
Mandarin Oranges
(*Roast Beef and Cheese on Wheat*)

6 Beef Barley Soup
Pot Roast with Gravy
Whipped Potatoes
Sliced Seasoned Carrots
Vanilla Pudding
(*Egg Salad on White*)

7 Italian Wedding Soup
Antipasto Salad (Tossed Salad with Assorted Meats & Cheeses)
Garlic Bread
Chocolate Chip Cookies
(*Tuna on a Roll w Baked Lays Chips*)

8 Chicken Soup
Roast Turkey with Gravy
Stuffing
Butternut Squash
Pie
(*Seafood Salad on Rye*)

11 Low Sodium V-8 Juice
Pork Loin with Lemon Sauce
Mashed Potatoes
Brussel Sprouts
Chocolate Pudding
(*Italian Tuna on Multi Grain*)

12 Venus De Milo Soup
Veal Parmesan with Sauce
Shells
Italian Blend Vegetables
Fresh Fruit
(*Chicken Salad on a Roll*)

13 Lentil Soup
Airline Chicken
Seasoned Cut Potatoes
King Edward Vegetables
Coffee Cake
(*Capicola & Cheese on White*)

14 Chicken Soup
French Meat Pie
Wax Beans with Pimentos
Jell-O
Rye Bread
(*Seafood Salad on Rye*)

15 Potato & Leek Soup
Stuffed Sole (Crab & Scallops)
Rice Pilaf
Green Beans
Diced Peaches
(*Honey Ham w/Mustard on a Roll*)

18 Orange Juice
Plain Omelet with Tomato Slice
Baked Ham
Crispy Cubed Potatoes
Fruited Yogurt

19 Chicken Noodle Soup
Stuffed Cabbage with Sauce
O'Brien Potatoes
Medley Blend Vegetables
Tapioca Pudding
(*Salami & Cheese on Oatmeal*)

20 Seafood Gumbo
Tuna Salad
Fresh Pasta Salad
Beet & Onion Salad
Frosted Brownie
(*Ham Salad on a Croissant*)

21 Beef Vegetable Soup
Chicken Cordon Bleu with Gravy
Rice Pilaf
Baby Whole Carrots
Frosted Cupcake
(*Italian Grinder*)

22 Lemonade
Low Sodium Hot Dog
Baked Beans
Tomato & Cucumber Salad
Watermelon
(*Pub Burger on Roll*)

25 Escarole & Bean Soup
Chopped Sirloin w/Mushroom Gravy
Mashed Potatoes
Tomato Half
Lemon Pudding
(*Bologna & Cheese on Wheat*)

26 Chili Soup
Marinated Grilled Chicken
Rice with Black Beans
Seasoned Spinach
Peanut Butter Cookies
(*Egg Salad on Rye*)

27 Chicken & Rice Soup
Meatballs with Sauce
Ziti with Sauce
Tossed Salad
Sliced Peaches
(*Tuna on Italian*)

28 Split Pea Soup
Baked Ham with Pineapple Glaze
Sweet Potatoes
Broccoli Cuts
Ice Cream Sandwich
(*Turkey & Cheese on Marble Bread*)

29 Clear Chowder
Potato Crunch Fish
RI Grown Oven Roasted Potatoes
Cole Slaw
Fresh Fruit
(*Chicken Salad on Pumpernickel*)