

BARRINGTON SENIOR CENTER

ENRICHMENT ~ ENHANCEMENT ~ ENLIGHTENMENT

Telephone 247-1926

FEBRUARY 2015

281 County Road
Barrington, RI 02806

Center Hours

9:00 AM - 4:00 PM
Monday - Friday

SENIOR CENTER STAFF

Michele Geremia
Director

Ed Carusi
Outreach Services
247-3791

Mira Meyer-Oertel
Senior Services Coordinator

Shirley Slusarski
Clerical

Fran Stabila
Rod Maturi
Kitchen Staff

Larry Daglieri
Ron Walpole
Transportation

Emily Hartley
Activity and Trip
Coordinator

SENIOR CENTER CLOSED

MONDAY, FEBRUARY 16TH - PRESIDENTS' DAY

VALENTINE'S DAY CELEBRATION

Friday, 13th at 1:00pm

Come to the Center and celebrate Valentine's Day with your friends. DJ Marcus Paiva will entertain you with romantic dance music and we will serve a special desert! If you would also like to join us for lunch, please sign up in advance.

ART PROGRAM BEGINS

Monday, February 2nd - 10:00am to 11:30am

Cost per Two-Week Session: \$10.00

A very special art program is coming to the Center! Over the next 12 weeks, Taylor Terreri of the Warwick Museum of Art will be here to teach classes in painting, collage creation, drawing and mixed media for all levels. The syllabus for the art program is as follows:

February 2nd - Color Theory
February 9th - Painting Techniques
February 23rd - Collage Creations
March 2nd - Collage Creations
March 9th - Exploring Drawing
March 16th - Drawing Collage

March 23rd - Drawing a Still Life
March 30th - Drawing a Still Life
April 6th - Painting like Pollock
April 13th - Drawing/Painting from Nature
April 27th - Mixed Media Collage
May 4th - Mixed Media Collage

There will be six two-week sessions. The first two-week session is introductory and basic and it is strongly recommended that you attend. This opportunity to be creative and Carole's art history program wonderfully compliment each other - art lovers come and participate in both! Please call the Center to reserve space.

1900 TO THE MILLENIUM: ART OF THE 20th CENTURY *continues*

Wednesdays - 10:30am to 11:30am

Join Carole Vilucci for a lively discussion of works of art from the 20th Century. If you enjoy looking at art you will find this interactive class irresistible. We will look at reproductions and power point presentations of exemplary art and will contemplate how artists reacted to the changing social events of their times. The class will culminate with a trip to the RISD Museum on March 11th.

FLOWERS FOR EVERYONE

Friday, February 20th at 1:00pm

Cost: \$16.00

“RED”

Emergency. Vitality. Intrigue. Steeped in symbolism, the bold primary color is splashed throughout our everyday existence. Found in every culture, red takes on many meanings, yet is never, never shy.

Today, we will explore the many dimensions of this dynamic hue, as we create a vibrant floral piece. Each student will receive a stunning ceramic container with a bounty of fresh red flowers. Gerbera, spray rose, and garnet hypericum enhance this amazing arrangement.

For a finishing touch, we will enjoy some colorful refreshments and “hot” music.

You won't want to miss this!

FOCUS GROUPS

Tuesday, February 10th at 2:00pm

or

Thursday, February 26th at 10:30am

The Center is seeking seniors from 60 to 75 to participate in a focus group to discuss possible programming for the Center. We are always looking for new ideas and input on what YOU would like to see happen at the Center. This is your opportunity to let your voice be heard! Please call the Center at 247-1926 and let us know which session you would like to attend. Refreshments will be served.

EMERGENCY RESPONSE DIALER SYSTEM

In cooperation with the Barrington Fire and Police Departments, the Senior Center offers a simple emergency response system to any senior or disabled person living in Barrington. The system consists of a message sending unit connected to a telephone and a pendant with a call button. When the call button is activated from any room in the house, it automatically triggers the message unit to dial Barrington Fire and Rescue and its personnel responds to the address stated in a pre-recorded message. The units are inspected and maintained by the Center Outreach Services.

The cost for the system is a one-time charge of \$100.00 and there is no monthly fee thereafter. The Emergency Response System is subsidized with funds raised by the Friends of the Barrington Senior Center and their support is greatly appreciated.

Please note that the system is not intended to replace a call to 911. Always call 911 if you are able!

AARP TAX ASSISTANCE BEGINS FEBRUARY 3RD

Tuesdays from 12:00pm - 3:00pm

Barrington Library

The AARP will be offering free tax preparation again this year, beginning in February through April 14th. Please note the following:

- Bring all current tax documents, last year's tax return, your social security card and a picture ID.
- Bring last year's tax return and any information regarding your health insurance. If you are on Medicare, this covers the requirement for the new Affordable Care Act. All others need to bring any information or forms received in the mail relating to their health insurance.
- This year the Property-Tax Relief program will only be available to persons over 65 or to those receiving SSDI or SSI. The maximum credit is \$305. You must bring three rent receipts or your tax bill if you own a home. You also need to bring your 1099 SSA or your social security award letter..
- If you receive a Brokerage Statement, please wait until March, as Brokerage Statements may be amended and/or corrected until then.

FEBRUARY 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>9:30am... Chair Yoga 10:00am... Art Program 12:30pm... Ladies' Bridge 1:00pm... Alzheimer's Support 1:00pm... Mah Jongg 6:45pm... Duplicate Bridge</p>	<p>3</p> <p>9:30am... Senior Strength 1:00pm... Chorus</p>	<p>4</p> <p>9:30am... Cribbage 9:30am... Chair Yoga 10:30am... Art History 10:00am... Line Dancing 10:00am... Knitting 10:30am... Mindful Breathing 12:30pm... Men's Bridge 1:00pm... Dance Music</p>	<p>5</p> <p>9:30am... Senior Strength 10:30am... Blood Pressure 1:00pm... Bingo 1:00pm... Shopping</p>	<p>6</p> <p>9:00am... Benefit Rep 10:00am... Scrabble Club 1:00pm... Yoga</p>
<p>9</p> <p>9:30am... Chair Yoga 10:00am... Art Program 12:30pm... Ladies' Bridge 1:00pm... Mah Jongg 6:45pm... Duplicate Bridge</p>	<p>10</p> <p>9:30am... Senior Strength 10:00am... Current Events 1:00pm... Chorus 2:00pm... Focus Group</p>	<p>11</p> <p>9:30am... Cribbage 9:30am... Chair Yoga 10:30am... Art History 10:00am... Line Dancing 10:00am... Knitting 10:30am... Mindful Breathing 12:30pm... Men's Bridge 1:00pm... Dance Music</p>	<p>12</p> <p>9:30am... Senior Strength 10:30am... Blood Pressure 1:00pm... Bingo 1:00pm... Shopping</p>	<p>13</p> <p>9:00am... Benefit Rep 10:00am... Scrabble Club 1:00pm... Yoga 1:00pm... Valentine's Day Party with DJ</p>
<p>16</p> <p style="text-align: center;">CLOSED for PRESIDENTS DAY</p>	<p>17</p> <p>9:30am... Senior Strength 2:00pm... Chorus</p>	<p>18</p> <p>9:30am... Cribbage 9:30am... Chair Yoga 10:30am... Art History 10:00am... Line Dancing 10:00am... Knitting 10:30am... Mindful Breathing 12:30pm... Men's Bridge 1:00pm... Dance Music</p>	<p>19</p> <p>9:30am... Senior Strength 10:30am... Blood Pressure 1:00pm... Bingo 1:00pm... Shopping</p>	<p>20</p> <p>9:00am... Benefit Rep 10:00am... Scrabble Club 1:00pm... Flowers for Everyone 1:00pm... Yoga</p>
<p>23</p> <p>9:30am... Chair Yoga 10:00am... Art Program 12:30pm... Annual Meeting 12:30pm... Ladies' Bridge 1:00pm... Mah Jongg 6:45pm... Duplicate Bridge</p>	<p>24</p> <p>9:30am... Senior Strength 10:00am... Current Events 2:00pm... Chorus</p>	<p>25</p> <p>9:30am... Cribbage 9:30am... Chair Yoga 10:30am... Art History 10:00am... Line Dancing 10:00am... Knitting 10:30am... Mindful Breathing 12:30pm... Men's Bridge 1:30pm... Dance Music</p>	<p>26</p> <p>9:30am... Senior Strength 10:30am... Focus Group 10:30am... Blood Pressure 1:00pm... Bingo 1:00pm... Shopping</p>	<p>27</p> <p>9:00am... Benefit Rep 10:00am... Scrabble Club 1:00pm... Yoga</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Minestrone Soup Macaroni with Meatballs Italian Vegetables Italian Ice Sliced Italian Bread <i>(Tuna Sandwich on Italian)</i>	3 Tomato Soup Rotisserie Chicken Scalloped Potatoes Seasoned Spinach Pudding <i>(Seafood Salad on a Roll)</i>	4 Garden Salad Chicken a la King Biscuit Green Beans Pineapple Chunks <i>(Turkey on Wheat)</i>	5 Pea Soup Baked Ham Sweet Potatoes with Raisins Mixed Vegetables Fresh Fruit <i>(Egg Salad on White)</i>	6 Vegetable Barley Soup Roasted Turkey with Gravy Apricot Stuffing Winter Blend Vegetables Chocolate Chip Cookie <i>(Ham & Cheese on Oatmeal)</i>
9 Corn Chowder Veal Cutlet with Sauce Roasted Red Potatoes Brussel Sprouts Fruit Cocktail <i>(Salami on Wheat)</i>	10 Chicken and Rice Soup Pork Loin with Applesauce Mashed Sweet Potatoes Wax Beans Lemon Pudding <i>(Pastrami on Rye)</i>	11 Onion Soup French Meat Pie Baby Whole Carrots Fresh Fruit <i>(Chicken Salad on Oatmeal)</i>	12 Chili Soup Low Sodium Hot Dog Potato Salad 3-Bean Salad Sports Bar <i>(Hamburger on a Roll)</i>	13 Chicken Escarole Soup Stuffed Chicken with Gravy Red Bliss Mashed Potatoes Broccoli Strawberry Shortcake <i>(Roast Beef on a Bulky Roll)</i>
16 CLOSED For PRESIDENTS DAY	17 Mushroom Barley Soup Meat Lasagna Tossed Salad Cut Green Beans Fresh Fruit <i>(Tuna on Whole Wheat)</i>	18 Vegetable Soup Baked Fish with Lemon Whipped Potatoes Italian Vegetables Peaches w/Cream <i>(Seafood Salad on Pita)</i>	19 Egg Drop Soup Sweet & Sour Pork Loin Fried Rice Stir Fry Vegetables Frosted Cup Cake <i>(Chicken Salad on Bulky Roll)</i>	20 N. E. Clam Chowder Baked Seafood Casserole Baked Sweet Potatoes Mixed Vegetables Diced Pears <i>(Italian Grinder)</i>
23 Brunch OJ Cheese Omelet w/Tomato Baked Ham Home Fries with Ketchup Yogurt	24 Beef Barley Soup Shepherd's Pie Garlic Spinach Coffee Cake White Bread <i>(Turkey and Swiss on White)</i>	25 Vegetable Soup Lemon Chicken Rice Pilaf Broccoli Spears Vanilla Pudding <i>(Italian Tuna on Marble)</i>	26 Cream of Asparagus Soup Swedish Meatballs Noodles with Olive Oil Capri Blend Vegetables Fresh Fruit <i>(Tuna on Rye)</i>	27 Manhattan Chowder Baked Scrod Baked Potato Sliced Carrots Ice Cream <i>(Meatloaf on Wheat)</i>

FEBRUARY 2015

ACTIVITY CLUB TRIPS AND ACTIVITIES*

\$7.00 per year membership for people 55+
(All trips are to be paid for separately. A \$10.00 deposit is due at sign-up)

February 23, 2015 (Monday) at 12:30 - Annual Meeting

As required in its by-laws, the Barrington Senior Activity Club will hold its annual meeting and election of officers here at the Center. Come and join in - the Club is always looking for enthusiastic persons to contribute ideas and assist in planning.

March 12, 2015 (Thursday) - St. Patrick's and St. Joseph's Day Gala at West Valley Inn

This will be a fun day with entertainment by Vinnie Ames and a delicious luncheon of your choice of Corn Beef and Cabbage, Baked Scrod or Stuffed Chicken Breast. Depart at 10:30am from the rear of Barrington Town Hall.

Cost: \$28.00. Final Payment due February 25th.

April 15, 2015 (Wednesday) - Newport Playhouse: "When The Cat's Away!"

When Mildred and Ethel took off on a trip to Paris, the husbands Humphrey and George invite two charming little sex kittens over. Well, you already know what happens...the wives return prematurely! After the play, you will enjoy a buffet luncheon and Cabaret. Leave at 10:00am from the rear of Barrington Town Hall.

Cost: \$59.00. Final payment due March 30th.

SAVE THE DATE

May 2015 - Trip to Wright's Farm. Date and details to come!

TOWN OF BARRINGTON

Senior Center
281 County Road
Barrington, Rhode Island 02806

Presorted STD U.S. POSTAGE PAID Barrington, R.I.
